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| **SANDY CREEK FOOTBALL**  **JUNE 2020** | | | | | | |
| **SUN** | **MON** | **TUE** | **WED** | **TH** | **FRI** | **SAT** |
|  | **1** Weights Starts!  1st Session 6:30-7:30 | **2** Weights  1st Session 6:30-7:30 | **3** | **4** Weights  1st Session 6:30-7:30 | **5** Weights  1st Session 6:30-7:30 | **6** |
| **7** | **8** Weights  1st Session 6:30-7:30 | **9** Weights  1st Session 6:30-7:30 | **10** | **11** Weights  1st Session 6:30-7:30 | **12** Weights  1st Session 6:30-7:30 | mage result for football clip art**13** |
| **14** | **15** Weights  1st Session 6:30-7:30    **Cougar Youth Camp**  **9:00-10:30am** | **16** Weights  1st Session 6:30-7:30    **Cougar Youth Camp**  **9:00-10:30am** | **17**  **Cougar Youth Camp**  **9:00-10:30am** | **18** Weights  1st Session 6:30-7:30    **Cougar Youth Camp**  **9:00-10:30am** | **19** Weights  1st Session 6:30-7:30 | **20** |
| **21** | **22** Weights  1st Session 6:30-7:30 | **23** Weights  1st Session 6:30-7:30 | **24** | **25** Weights  1st Session 6:30-7:30 | **26** Weights  1st Session 6:30-7:30 | **27** |
| **28** | **29** Weights  1st Session 6:30-7:30 | **30** Weights  1st Session 6:30-7:30 |  |  |  |  |

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| **WORK HARD IN SILENCE**  **SANDY CREEK FOOTBALL**  **JULY** | | | | | | |
| **SUN** | **MON** | **TUE** | **WED** | **TH** | **FRI** | **SAT** |
| **COUGAR CAMP DAYS**  **Monday-Thursday** |  |  | **1** | **2** Weights  1st Session 6:30-7:30 | **3** Weights  1st Session 6:30-7:30 | **4** |
| **5 Cougar Camp Equipment Needed** | **6** Weights  1st Session 6:30-7:30 | **7** Weights  1st Session 6:30-7:30 | **8** | **9** Weights  1st Session 6:30-7:30 | **10** Weights  1st Session 6:30-7:30 | **11** |
| **12**  Helmets, Practice Shirt, Practice Shorts, Cleats & Tennis Shoes in case of weather | **13** Weights  1st Session 6:30-7:30 | **14** Weights  1st Session 6:30-7:30 | **15** | **16** Weights  1st Session 6:30-7:30 | **17** Weights  1st Session 6:30-7:30 | **Macintosh HD:private:var:folders:5b:9d20c0s51238nw1s6hnqcz_m0000gn:T:TemporaryItems:download.jpg18** |
| **19** | **20** Weights  1st Session 6:30-7:30  **Youth Camp**  **9:00-10:30am**  **Cougar Camp**  **6:00-8:00pm** | **21** Weights  1st Session 6:30-7:30  **Youth Camp**  **9:00-10:30am**  **Cougar Camp**  **6:00-8:00pm** | **22**  **Youth Camp**  **9:00-10:30am**  **Cougar Camp**  **6:00-8:00pm** | **23** Weights  1st Session 6:30-7:30  **Youth Camp**  **9:00-10:30am**  **Cougar Camp**  **6:00-8:00pm** | **24** Weights  1st Session 6:30-7:30 | **25** |
| **26** | **27** Weights  **Weights**  **SC Weight Room**  **Senior Running**  **SC Practice Fields**  **7:00-8:30pm** | **28** Weights  **Weights**  **SC Weight Room**  **Senior Running**  **SC Practice Fields**  **7:00-8:30pm** | **29**  **Weights**  **SC Weight Room**  **Senior Running**  **SC Practice Fields**  **7:00-8:30pm** | **30** Weights  **Weights**  **SC Weight Room**  **Senior Running**  **SC Practice Fields**  **7:00-8:30pm** | **31** Weights |  |

**ONLY THE STRONG SURVIVE**

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| **SANDY CREEK FOOTBALL**  **AUGUST 2020** | | | | | | |
| **SUN** | **MON** | **TUE** | **WED** | **TH** | **FRI** | **SAT** |
| **2** | **3** | **4**  **Equipment Check Out**  **6:30** | **5**  **Walk Thru**  **6:30-7:30am**  **Film**  **3:15-3:45**  **Practice**  **4:00-6:00pm** | **6**  **Walk Thru**  **6:30-7:30am**  **Film**  **3:15-3:45**  **Practice**  **4:00-6:00pm** | **7**  **Walk Thru**  **6:30-7:30am**  **Film**  **3:15-3:45**  **Practice**  **4:00-6:00pm** | **8**  **Film**  **9:00-10:00**  **Team Picture**  **10:20** |
| **9** | **10**  **Walk Thru**  **6:30-7:30am**  **Film**  **3:15-3:45**  **Practice**  **4:00-6:00pm** | **11**  **Walk Thru**  **6:30-7:30am**  **Film**  **3:15-3:45**  **Practice**  **4:00-6:00pm** | **12**  **Walk Thru**  **6:30-7:30am**  **Film**  **3:15-3:45**  **Practice**  **4:00-6:00pm** | **13**  **Practice**  **4:00-6:00pm** | **14**  **Sports Drink Scrimmage**  **7:00pm** | **15**  **Film**  **8:00am**  **Walk Thru**  **9:00am** |
| **16** | **17**  **Walk Thru**  **6:30-7:30am**  **Film**  **3:15-3:45**  **Practice**  **4:00-6:00pm** | **18**  **First Day of School**  **Practice**  **3:45** | **19**  **Practice**  **3:45** | **20**  **Practice**  **3:45** | **21**  **WEEK 1 @**  **Schuyler – 7:00pm** | **22** |
| **23** | **24**  **Practice**  **3:45** | **25**  **Practice**  **3:45** | **26**  **Practice**  **3:45** | **27**  **Practice**  **3:45** | **28**  **WEEK 2 vs.**  **Gibbon – 7:00pm** | **29** |

**IT’S THE MOST IMPORTANT GAME OF THE YEAR BECAUSE IT’S THE ONE WE ARE PLAYING THIS WEEK!**

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| **SANDY CREEK FOOTBALL**  **SEPTEMBER 2020** | | | | | | |
| **SUN** | **MON** | **TUE** | **WED** | **TH** | **FRI** | **SAT** |
| **30** | **31**  **Practice**  **3:45** | **1**  **Practice**  **3:45** | **2**  **Practice**  **3:45** | **3**  **Practice**  **3:45** | **4**  **WEEK 3 @**  **Hershey – 7:00pm** | **5** |
| **6**  **Macintosh HD:private:var:folders:5b:9d20c0s51238nw1s6hnqcz_m0000gn:T:TemporaryItems:download.jpg** | **7**  **Practice**  **3:45** | **8**  **Practice**  **3:45** | **9**  **Practice**  **3:45** | **10**  **Practice**  **3:45** | **11**  **WEEK 4 vs.**    **David City–7:00pm** | **12** |
| **13** | **14**  **Practice**  **3:45** | **15**  **Practice**  **3:45** | **16**  **Practice**  **3:45** | **17**  **Practice**  **3:45** | **18**  **WEEK 5 @**    **Wilber-Claytonia – 7:00pm** | **19** |
| **20** | **21**  **Practice**  **3:45** | **22**  **Practice**  **3:45** | **23**  **Practice**  **3:45** | **24**  **Practice**  **3:45** | **25**  **WEEK 6 vs**    **Superior – 7:00pm** | **26** |
| **ONE WEEK OF TOTAL SACRIFICE FOR ONE NIGHT OF GLORY!**  **SANDY CREEK FOOTBALL**  **OCTOBER 2020** | | | | | | |
| **SUN** | **MON** | **TUE** | **WED** | **TH** | **FRI** | **SAT** |
| **27** | **28**  **Practice**  **3:45** | **29**  **Practice**  **3:45** | **30**  **Practice**  **3:45** | **1**  **Practice**  **3:45** | **2**  **WEEK 7 @**    **Sutton – 7:00pm** | **3** |
| **4** | **5**  **Practice**  **3:45** | **6**  **Practice**  **3:45** | **7**  **Practice**  **3:45** | **8**  **Practice**  **3:45** | **9**  **WEEK 8 vs**    **Doniphan-Trumbull – 7:00pm** | **10** |
| **11** | **12**  **Practice**  **3:45** | **13**  **Practice**  **3:45** | **14**  **Practice**  **3:45** | **15**  **Practice**  **3:45** | **16**  **WEEK 9 vs**    **Hastings St. Cecilia – 7:00pm** | **17** |
| **18** | **19**  **Practice**  **3:45** | **20**  **Practice**  **3:45** | **21**  **Practice**  **3:45** | **22**  **Practice**  **3:45** | **23**  **Practice**  **3:45** | **24** |
| **25** | **26**  **Practice**  **3:45** | **27**  **Practice**  **3:45** | **28**  **Practice**  **3:45** | **29**  **Practice**  **3:45** | **30**  **First Round of State Playoffs** | **31** |
| **DO THE SMALL THINGS RIGHT!**  **SANDY CREEK FOOTBALL**  **NOVEMBER 2020** | | | | | | |
| **SUN** | **MON** | **TUE** | **WED** | **TH** | **FRI** | **SAT** |
| **1** | **2**  **Practice**  **3:45** | **3**  **Practice**  **3:45** | **4**  **Practice**  **3:45** | **5**  **Practice**  **3:45** | **6**  **2nd Round of**  **State Playoffs** | **7** |
| **8** | **9**  **Practice**  **3:45** | **10**  **Practice**  **3:45** | **11**  **Practice**  **3:45** | **12**  **Practice**  **3:45** | **13**  **State Semi Finals**  **TBD** | **14** |
| **15** | **16**  **Practice**  **3:45** | **17**  **Practice**  **3:45** | **18**  **Practice**  **3:45** | **19**  **Practice**  **3:45** | **20**  **Practice**  **3:45** | **21** |
| **22** | **23**  **State Championships** | **24**  **State Championships** | **25** | **26** | **27** | **28** |
| **29** | **30** |  |  |  |  |  |

**MAKE IT A NOVEMBER TO REMEMBER!**