

2016 DEL WICKS INVITATIONAL TRACK MEET

Thursday, April 14, 2016

9:30 A.M. Coaches scratch meeting in the Press box on the North Side of the track. There will be one meeting for the boys and one meeting for the girls. Please be on time so we can get started promptly. This is a scratch and add meeting. You may not add a competitor unless you scratch. We will attempt to stay on schedule. We will make adjustments where necessary.

Field Event Schedule

9:45 A.M. Girls Pole Vault followed by boys

10:00 A.M. Girls Shot Put followed by boys
Boys Discus followed by girls
Boys High Jump followed by the girls
Boys long Jump followed by the girls
Girls Triple Jump followed by boys

Running Event Schedule

1:00 P.M. Prelims- Girls will precede the boys

3200 Meter Relay	Finals
100 Meter High Hurdles (Girls)	Prelims
110 Meter High Hurdles (Boys)	Prelims
100 Meter Dash	Prelims
400 Meter Dash	Finals
3200 Meter Run	Finals
200 Meter Dash	Prelims
Finals - or 15 minutes after Prelims are completed	
100 Meter High Hurdles (Girls)	Finals
110 Meter High Hurdles (Boys)	Finals
100 Meter Dash	Finals
800 Meter Run	Finals
300 Meter Low Hurdles (Girls)	Finals
300 Meter Inter. Hurdles (Boys)	Finals
200 Meter Dash	Finals
1600 Meter Run	Finals
400 Meter Relay	Finals
1600 Meter Relay	Finals