

JH Shelton Invite 2016

SCHEDULE OF FIELD EVENTS:

SHOT: DO/TRUM	BOYS- SILVER LAKE	FOLLOWED BY GIRLS-
DISCUS: FRANKLIN	GIRLS-WOOD RIVER	FOLLOWED BY BOYS-
HIGH JUMP:	BOYS FOLLOWED BY GIRLS	LAWRENCE/NELSON
LONG JUMP:	GIRLS FOLLOWED BY BOYS	RED CLOUD
TRIPLE JUMP:	BOYS FOLLOWED BY GIRLS	BLUE HILL

SCHEDULE OF RUNNING EVENTS:

1600 METER RUN

100 METER INTERMEDIATE HURDLES- 30" GIRLS 36" BOYS

100 METER DASH

800 METER RUN

800 METER RELAY

200 METER LOW HURDLES 30" BOYS/GIRLS

400 METER RUN

200 METER DASH

400 METER RELAY

1600 METER RELAY