

UPROAR

PRACTICE IS GOING LATE TONIGHT

ACT

TEST

IT'S ONLY 70 PROBLEMS

WHY IS YOUR MATH GRADE SO LOW

GPA

YOU ARE BETTER THAN THAT

WORK HARDER

NO PRACTICE

GOOD GRADES

100%

FIELD TRIP TODAY

NO HOMEWORK

SNOW DAY

YOU ARE HAVING A GREAT YEAR

STAY POSITIVE

HAVE A GOOD WEEKEND



Program to success

Sandy Creek joins SkillsUSA

By Makenzie Svoboda

Sandy Creek has added a SkillsUSA program in the hopes of further educating and empowering students to become successful members of the workforce. SkillsUSA boasts the partnership of students, teachers and industry working together to ensure America has a skilled workforce by reinforcing self-confidence, communication skills and working attitudes. Sandy Creek is getting involved with this nationally recognised program to enhance the learning environment in the shop and manufacturing area.

"I think SkillsUSA is going to be a great addition to this school. I feel that this as an opportunity for everyone to go and try careers they really want to go into," said junior Kevin Johnson, SkillsUSA president.

SkillsUSA was founded in 1965 and has helped to produce more than 11.2 million well-rounded workers through active partnerships between employers and educators. The students have opportunities to interact and learn skills that will help them successfully integrate into the workforces after high school, such as teamwork and critical thinking skills.

"We are really excited to be starting the program and we are pleased from the turn out. We have approximately 15 people in this group; it is a district wide program that helps get great jobs and contracts professionals, so the kids can see their perspective and get a chance to see what they want to do," said SkillsUSA sponsor Mr. Lue Graesser.

13,000 school chapters in 54 state and territorial associations

SkillsUSA empowers

Serves more than 300,000 students and instructors annually

360,404 members in 2015

284 new SkillsUSA chapters were established during the 2014-15 school year

members to become world class workers, leaders and responsible American citizens. According to its official website, most students benefit from participating in SkillsUSA by learning teamwork and leadership skills while serving their communities and meeting potential employers.

"We are going to try and get the students out there in the fields. There is going to be field trips and many leadership opportunities. The main reason is to help bridge the gap between the industry and the students. It'd be a big boost in our industry if we keep all of the economy here," said Lue Graesser.

The schools are able to showcase their school and communities. Additionally, the school gets state and national recognition for being a part of such a program. Even though everyone thinks it is just shop stuff, they are wrong. It is actually a competition for everyone. They have projects for people interested in everything from nursing to firefighting, plumbing to mechanics and diesel-tech to carpentry. They even compete in the culinary arts program to demonstrate their skills as chefs.

"SkillsUSA is all about the learning experience; you walk out a changed person. With all of the events that you participate in with your teammates, you learn that it's not about who you want to be, but what you want your future to look like. At the end of the day, it's about excellence and competition, and finding who you are along the way," said Johnson.



The bigger the art, the larger the impact

Sandy Creek gets third in mural competition

by McKensi Uecker

A group of Sandy Creek seniors, with the help of Junior Kaylee Yost, brought home the bronze in an art mural competition at Hastings College, September 28. The students partook in the first annual Jackson Dinsdale Art Center mural competition to honor the new art building. There were 130 students from 21 schools around the area, who faced off in hopes of winning a custom glass vase made by Hastings Art Professor, Tom Kreager, along with bragging rights. The top three schools were awarded the custom glass pieces.

"The glass vase that we won was really pretty, and I think that it's a lot cooler that we won a piece of art instead of a trophy. It seems more personal," said senior art student, Kolt Illingworth.

The students were to collaborate on a four foot by eight foot mural that fit the theme of "Tattoos: Past and Present." With only two hours and fifteen minutes to design and paint, the students got to work right away. Sandy Creek students chose to represent this theme by painting a modern individual, with current tattoo designs. To incorporate the theme of "tattoos past" students painted symbols and historical figures from many cultures across the world that have influenced tattoos.

"I think it was a cool theme. It allowed us to be really creative because we had to incorporate tattoos throughout history but still have a cohesive design," said senior Katrina Anderson.



Stories are wild creatures

by Katrina Anderson

A Monster Calls, published on May 5, 2011, is a young adult novel set in the U.K. written by award-winning novelist Patrick Ness. The illustrations were done by Jim Kay, an award-winning illustrator. Credit for the concept goes to the late Siobhan Dowd. Conor O'Malley is a 13-year-old boy plagued with problems. His

mother has a severe case of cancer, his father is starting a new family in America, and Conor has recurring nightmares that he can't remember.

One night out of the blue, Conor is visited by a monster. This monster is the

yew tree in the church behind Conor's house. The monster tells Conor that he has three stories to tell him. In return, Conor has to tell the monster his story.

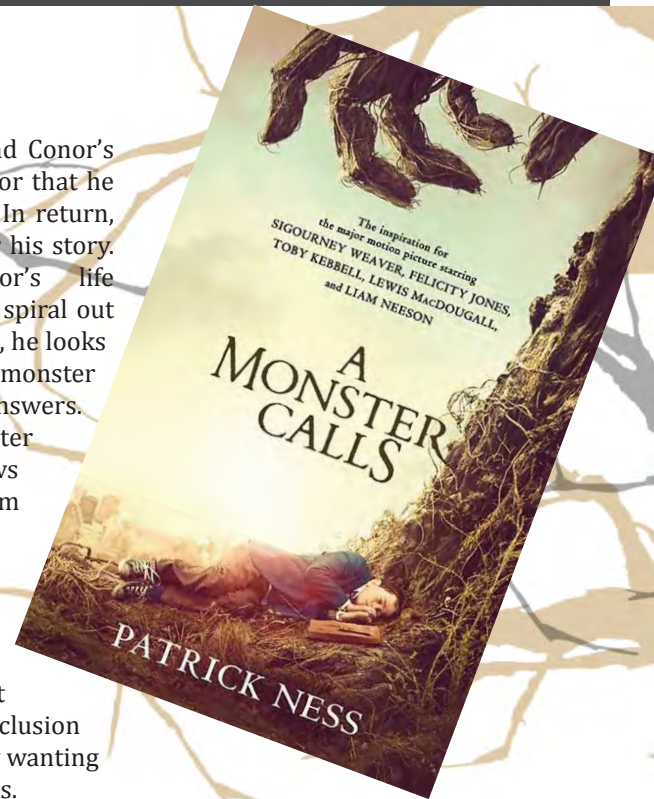
As Conor's life begins to spiral out of control, he looks to the monster for answers.

A Monster Calls draws you in from the very start.

With the

story's relatable characters and situations, Ness creates a sensational story that tugs at your heartstrings. An epic conclusion leaves readers simultaneously wanting more and praising Ness' genius.

“A story that lodges in your bones and stays there.”



I am a blood-soaked girl

by Katrina Anderson

The Sacred Lies of Minnow Bly is a young adult novel set in juvie. Stephanie Oakes' debut novel, published June 9th, 2015, was nominated for the

William C. Morris Award and won the Golden Kite Award for Fiction.

Minnow Bly and her family join a religious cult when she is five years old. It changes her life in ways she never could have expected.

Minnow Bly ends up in court after she is found by an injured boy near the burnt down remains of a religious

cult's compound. Minnow ends up in juvenile detention after she is convicted of aggravated assault. While there, an FBI agent approaches Minnow about what happened at the cult's

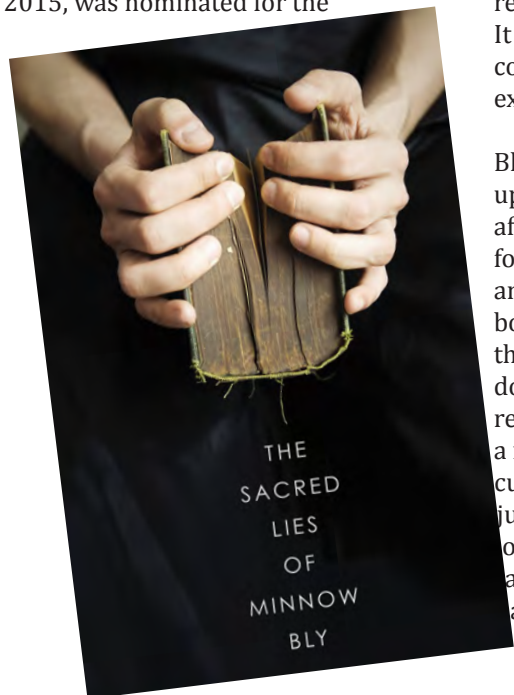
compound and offers her a deal. She is forced to choose between the freedom she has always longed for, or keeping the secrets of her past secret. To find freedom, she must learn to adjust to

her new life and accept the events leading up to it.

While in juvie, Minnow begins to see things that directly contradict everything she has ever learned. She struggles to accept how the truths she has always known could be so wrong.

The Sacred Lies of Minnow Bly manages to create an extremely atmospheric novel while still threading humor throughout. The mystery and sorrow draws readers into the story, but the suspense keeps readers hooked. Oakes emphasizes the importance

“A page-turner in the truest form of the phrase.”



Eastwood takes a perfect landing

by Brianna Sorgen

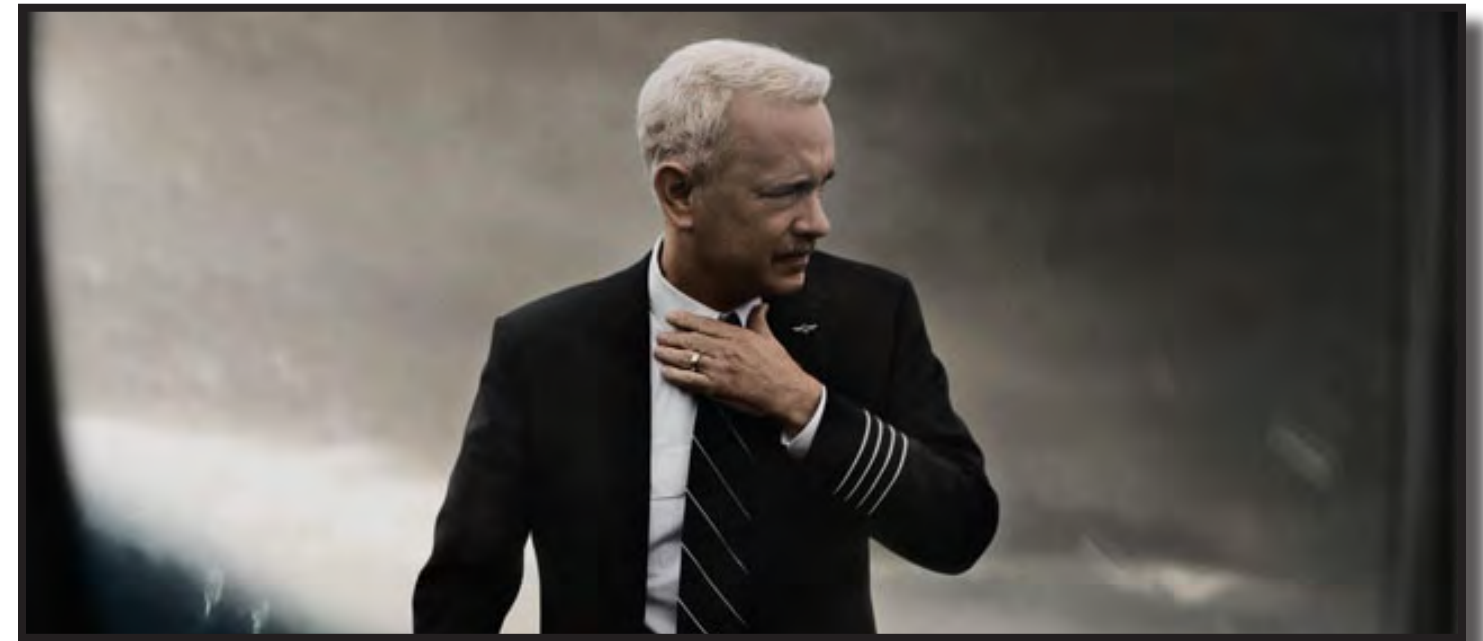


Image retrieved from comingsoon.net

Director Clint Eastwood's newest movie divulges the untold story of pilot, Chesley Sullenberger, played by Tom Hanks. On Jan. 15, 2009 Sullenberger's plane had a double engine failure

plane in the Hudson River.

The movie "Sully" takes a 24 minute crash landing and expands to reveal that there's more behind the story to the hero, Sullenberger. Eastwood depicts the

saying there were better ways to land the plane. Sully defends himself and his title, proving he did the right thing.

The movie is full of tense and dramatic, setting the mood so the audience can feel the emotion that was going on during the investigation. Hanks plays the part of Sully perfectly with his snow white hair and professional stance; his acting shows real emotion making you feel connected to the character. The film was detailed and had distinct style to it, but it is not one of Hanks's more challenging films. This role fits Hanks perfectly, he's easy to watch playing a "regular" person.

Sully is a natural crowd pleaser, it's pure entertainment. The movie rating is PG-13, but if parents decided to take their younger kids, they need to be open minded about the factual drama. The movie's violence isn't graphic but

does show passengers screaming, panicking, and using human nature to react to a scary, tense moment. Also it contains some of Captain Sullenberger's PTSD flashbacks that may be a little intense for children younger than 10 and may remind some people of the tragic events of 9/11. Sully doesn't contain many curse words, when they are used it's usually in tense moments for the pilots.

Even though there are some moments in the movie where it starts to get repetitive, it is hard to reject the story's fascinating nature and how incredible Captain Sullenberger's landing was, it will forever be apart of history. Sully was a very realistic look into the struggle of the landing and the fight to prove that Sullenberger was innocent. After watching the movie it's hard to deny that Captain Sullenberger is the hero of our time.



Image retrieved from trailers.apple.com

resulting in having to land sooner than expected. With no landing strip close enough to ground the plane safely, Sullenberger famously made the decision to ditch the

investigation by the National Transportation Safety Board. The investigators try to blame Sullenberger and his co-pilot for putting the passengers in danger

Shuck vs. Spitz

Seventh graders participate in presidential election

by Brittany Godtel

Although seventh graders are not legally allowed to vote, in Miss Holly Bischoff's Social Studies classes, they are allowed to debate about the presidential election. As the presidential election nears, Bischoff has her seventh grade students participating in their own version of the election, pitting two students, Jake Shuck and Parker Spitz, against each other,

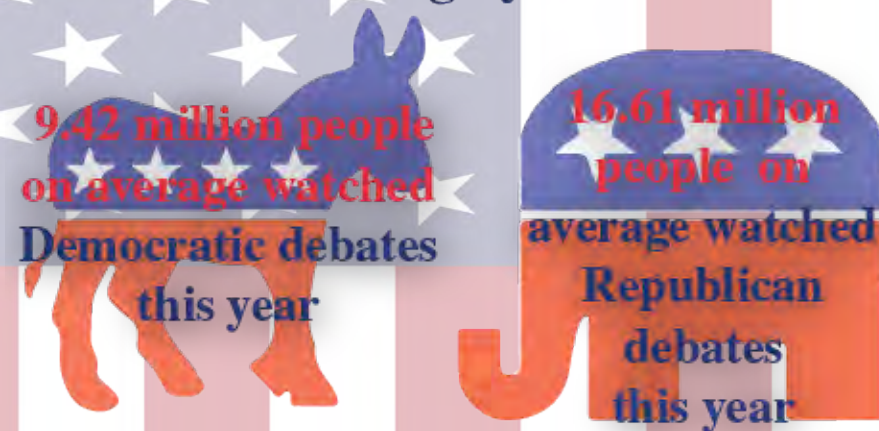
with the support of their classmates, campaigning to get elected as the 7th grade president. This project resulted in a live debate between the candidates, attended by the whole middle school.

"I think that this debate is giving the seventh grade students a great learning experience about what a debate feels like, and how to help teach them since there are multiple committees with different jobs. I think it is a great project that the students enjoyed," said Sandy Creek principal, Mr. Searle.

To prepare for the class election, students studied the current election, following the candidates' elections and watching debates.

"Many of the students were shocked at how harshly the candidates speak of and to one another. Once it was over, they had many questions. This election

Debate viewing by the numbers



Informational Graphic by Kyle Rohrer

project has created many interesting in-class discussions," said Bischoff.

After watching the debate, each student was assigned a campaign related job, serving on writing, poster or commercial committees. It was their job to prepare their candidate, Spitz or Shuck, for their debate and run their campaign.

"My job as a writer for Jake Shuck consists of helping answer the questions

to his debate. Also, the writers help him word his speeches and make sure that they're worded the best that they can be. With everyone participating in this project, it was fun and easy working with Jake and his ideas," said writing committee member Maddie McDaniel.

Their official debate took place on September 30, at 8:20 a.m. Sandy Creek's business teacher

Mr. Levi Gorsuch, committed himself and his digital media class to help broadcast Bischoff's mock presidential debate on Striv for all to watch. Digital media students helped the seventh grade students edit their videos into commercials to display on the big screen at home sporting events and the debate.

"I loved this project, because it taught me great leadership skills, and new experiences rather than reading from a textbook," said candidate Parker Spitz.

According to Bischoff, this project has taught her students, current events and how to be involved in something that will affect their future. She hopes it has taught her students to work better as a team and create a better bond within the class while also building their technology skills.



Photo by McKensi Uecker

The struggle is real, the stress is killing us

Stress in our high school

by Makenzie Svoboda

"I'm stressed out," is one of the most used phrases in our high school. Every student can say that they've been stressed out a time or two this week alone. Every day brings more and more stress, putting us under a boulder of homework to do, tests to study for and extra curriculars to participate in.

"I get stressed out because, I have college classes that involve a lot of homework, and I have golf practice after school until six, and on top of that I have 3 hours of homework to do every night," said senior Molly Dane.

There are a ton of reasons that we are constantly stressed out. Some of us face pressure or have problems at home. When the homework and the stress from sports pile up, we also have to go home to deal with chores and family. Many of us go home to fighting parents who scream at

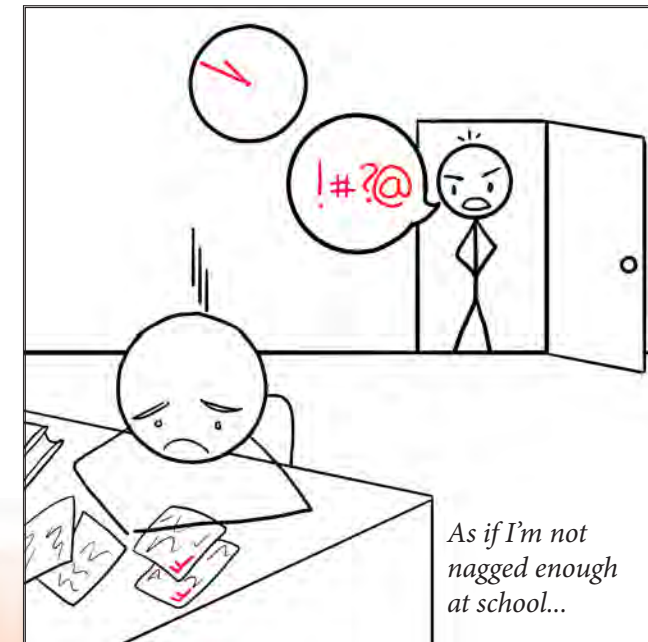
us for the tiniest indiscretion, others head home to work on the farm or take care of younger siblings. The demands don't stop just because we are home. And teachers wonder why we have such a hard time getting our mountain of homework done. When we finally lay down to close our eyes, trying to get just a few hours of sleep, we begin to make the list of the 10 million things we have to accomplish tomorrow, just to keep afloat. As soon as the alarm rings, the constant demand on our time and abilities, the stress is back.

"I get stressed out easily because I already have a lot of family problems going on at home, then I come to school to try to escape some of that stress, and school just adds it on because they are expecting a lot of us as a student body. They expect that we should be getting good grades and do well in the classroom, and I'm honestly surprised I'm doing as well as I am," said junior Kevin Johnson.

While parents and school tend to be the cause of stress, that same stress is also ruining our health, leading to decreased physical activity and illness. According to WebMD, stress can lead to dizziness, headaches, irritability, muscle aches, nausea and shortness of breath. In extreme cases, stress can even lead to digestive disorders, short-term memory loss and heart attack. Many teachers want us to be involved in as many activities as possible. We already have it rough, working to get accepted to the perfect college, dealing with Career Pathways and college courses and participating in sports, drama, speech, quiz bowl, FBLA, FFA and the list goes on and on. We have so many activities thrown at us all the time, it feels like our lives are being taken over, like they are no longer our

own. Sometimes we wonder what we are working so hard for. "With all the time school takes up, mixed with the numerous extra curricular activities I'm involved with, I don't have much time for myself when I get home. It is extremely stressful because I don't have any time to relax," said senior McKensi Uecker.

We don't have enough energy, because we don't get enough sleep at night. We have so much going on that we literally do not have time to sleep. Yet we wonder why we are getting sick. "I work 3 to 4 times a week, and I don't get off of work until 10. There is no time in the day to do my homework if I want to get to bed on time. It is a real struggle having to wake up everyday and do the same routine, but not get anything accomplished," said junior Caitlyn Schumm.



Cartoon by Samantha Stapleman
Photo Illustration by Kaylee Yost



Stressed to the max

Teens experience more stress than ever before

by McKensi Uecker

Overloaded. Overworked. Overstressed. Teen stress levels are higher than they have ever been, and it is greatly affecting not only the emotional, but also the physical health of many students. Researchers from the University of New York have reported that 49% of teens think their stress levels are too high, and they're having a hard time coping with it. This inability to cope with stress has led many teens to feel worry, frustration and prolonged depression.

A survey done by the National Institute of Mental Health says that 31% of teens have had their

stress increase in the last year, and 34% believe that their stress is going to increase in the coming year. This idea that their stress is going to increase has led to even more feelings of worry and anxiety.

"It is alarming that the teen stress experience is so similar to that of adults," says APA CEO Norman B. Anderson, PhD. "It is even more concerning that they seem to underestimate the potential impact that stress has on their physical and mental health."

The leading causes of stress for many teens comes from either school or their homes. School related issues are not limited to purely homework, many teens experience a lot of stress in the social interactions

that are affiliated with daily school life. A common stressor for teens is peer acceptance and fitting into the social norm.

For many, stress is not "just a feeling," there are a lot of serious underlying health concerns caused by stress. Many eating disorders, such as anorexia, are believed to be related to high stress and low self esteem. Severe insomnia and migraines are also related to stress. Senior Addison Kuta knows just how damaging stress can be on one's health.

"At the end of last year I started to have vision problems, so I went to the eye doctor. It turns out that I have a bubble on my eye that causes me to have a blackspot impairing my vision. I have this bubble because of the excessive stress I experienced

"Everyone is affected by stress at one time or another, and it can feel overwhelming."

last school year," said Kuta.

There are some things that one can do to lessen the stress in their daily lives. Physical activity is one of the most common, and more effective, ways to relieve stress. Another important thing to do to relieve stress is getting enough sleep.

According to psychologists David J. Palmiter, PhD, and Dawn Wilson, PhD, "Everyone is affected by stress at one time or another, and it can feel overwhelming. [But] you can learn to manage stress before it takes a toll on your health. Managing daily stress can also lead to a more overall positive outlook on your life and well-being."

"Managing daily stress can also lead to a more overall positive outlook on your life and well-being."

Photo Illustration by Sam Janda
Informational Graphic by Addison Kuta

Effects of Stress on Teens

Reports of how students feel while under stress



**30%
sad or
depressed**



**31%
overwhelmed**

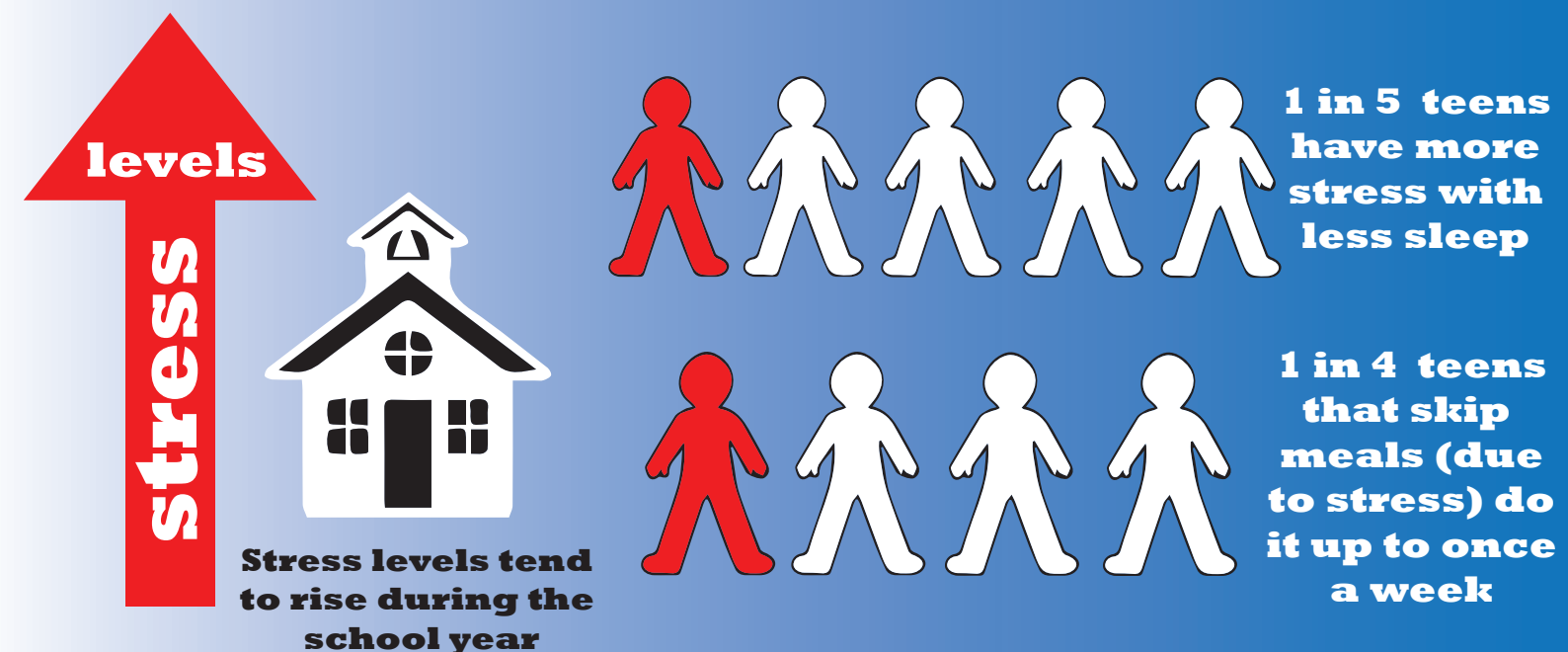


**36%
tired**



**23% skip
a meal**

Information retrieved from <http://www.apa.org/monitor/2014/04/teen-stress.aspx>



"Hello darkness, my old friend"

Dark teen books appeal to adolescents, but not adults

by Maggie Rieckman

Walking through the young adult section of any bookstore, one might notice similarities among the fiction novels. Though the cover art of many of the books make them appear harmless, the descriptions might leave customers surprised, intrigued or even concerned.

Drinking, depression, sexual assault, suicide, drugs and other "dark" topics are present in a lot of teen literature. Whether or not these dark books are appropriate for teenagers is a widely argued debate. Many groups work to ban certain teen literature from libraries or curriculums based on their beliefs and opinions. For example, "Looking for Alaska" by John Green, despite its extreme popularity, has received criticism for sexually explicit content and offensive language. According to the American Library Association (ALA), these are the top two reasons teen literature is challenged. That makes perfect sense, because teenagers surely won't see or hear about the same subjects anywhere else like TV or everyday life! Seriously? A surplus of material, inappropriate or appropriate, is available to any teen with internet access.

Only parents and guardians of an individual should have the right to restrict what teens read. Also, forbidding my age group, 14-18, from reading about questionable subjects won't prevent us from getting involved or experiencing them in the real world. Face it, your kid will most likely not avoid every single danger, common in high school.

According to Teen Help, 10-15% of teens suffer from symptoms of depression, "teenagers account for 51% of all reported sexual abuse", and suicide is the 2nd leading cause of death among young adults. These numbers won't go down because a concerned mother wants to remove "Perks of Being a Wallflower" from the local public library.

Veronica Roth, author of the Divergent series, states, "there are plenty of kids out there who need those dark books to make it through tomorrow and the next day." As for the kids who don't relate as well to characters and situations in books and aren't having as tough a time as others, they should still read them! It might help them better understand and accept those who are going through something "dark."

In an article by Gayle Forman, author of If I Stay, published on Time she says, "literature swims

in the murkier waters of the human condition.

Conflict and matters of life and death, or freedom and oppression--it is the business of books to explore these themes and

the business of teenagers, too."

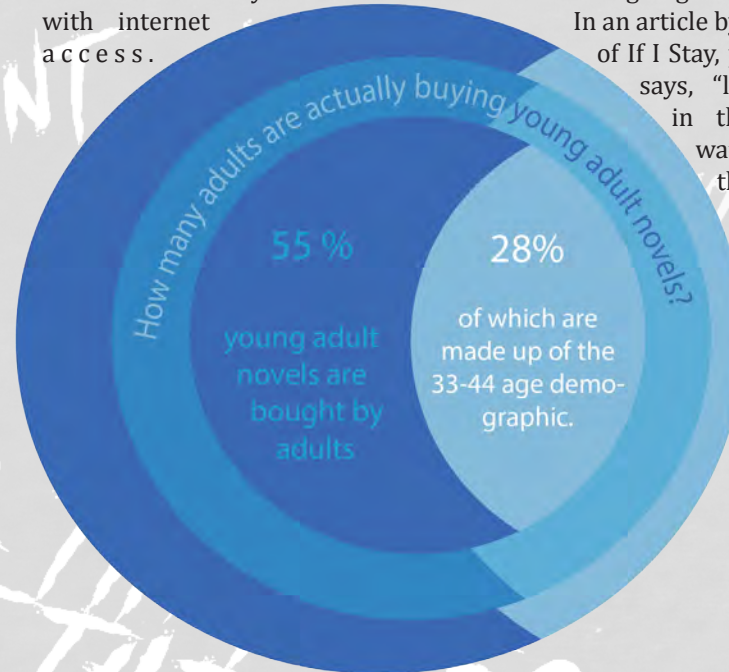
I highly doubt I am alone when I say I'd rather read more emotional and stimulating books (even if they are messed up), than light and airy novels that wouldn't have an impact on me.

As a matter of fact, Forman later adds, "new brain mapping research suggests that adolescence is a time when teens are capable of engaging deeply with material, on both an intellectual level as well as an emotional one."

Apparently we have the brain capacity to get the best experience out of books, maybe that's why some adults are attempting to steal an entire genre away from us! They know how much potential teens have and it scares them to death.

The current grown-ups tried to take our books away for silly reasons, it didn't work. We still read about kids like us in books on the list labeled: "frequently challenged young adult books." Why wouldn't we? They are practically our biographies, and what's the point of not being allowed to read about our own lives?

!@/£\$%!!



Dirty Laundry

Cleaning your closet of toxic relationships

by Kolt Illingworth

In the movies, everyone lives "happily ever after." However, in the real world that doesn't happen. Whether you're in a relationship or not, you've most likely seen a toxic relationship. Toxic relationships aren't limited to romantic relationships, even within a close friendship, the tables can turn.

Too many people find themselves in toxic relationships, unable or unwilling to get out. Obvious or subtle, a relationship can really wear you down physically and mentally.

Some of the most obvious signs of a toxic relationship include jealousy, criticism, arguing and negative energy. Most generally, we pick up on these signals in the relationships of others, but not always our own. In our own lives we assume the arguing will stop or the jealousy will blow over; it doesn't.

It's human nature to get jealous, even if we all feel it differently. Except, too much jealousy can actually be a huge problem. In what relationship is it acceptable to have no trust? If you don't trust your significant other, what are you really holding on to? If your partner is unnecessarily jealous and that jealousy is inhibiting your happiness, you should get out of that toxic relationship.

Jealousy isn't the only sign of a toxic relationship; we've all heard the expression "everybody's a critic." And while that's true, I myself am guilty of it, there is a big difference between helpful and hurtful

criticism. If your relationship is making you feel unworthy or worthless, you might as well call it quits. Nobody should ever be allowed to make you feel bad about who you are.

Probably one of the most obvious signs of a toxic relationship is arguing. As humans we get upset and like to argue, that's normal. When there is no communication within a relationship, there's a problem. In most healthy relationships, you should be able to talk to each other and solve the problem. Take a long, hard look at your relationship. Do you find that you and your partner/friend are fighting more than not, do your fights get cruel or aggressive? You should get out of your toxic relationship.

One of the most important things is your happiness. You should never have to justify why someone treats you poorly leading to your unhappiness. A good partner/friend should be someone who encourages you, supports you, and likes you for who you are and makes you happier. They should not make you feel unwanted or awful. You should feel supported throughout a relationship and know that somebody is there to care. If you don't have your happiness, is it really worth it?

While the signs are obvious, they are too often ignored. Don't be someone who gives up their happiness for someone else; take control of your life and get out of any toxic relationships you are currently involved in.



Photo retrieved from commons.



Photo retrieved from onemomsbattle.com



Photo Illustration by Jalyn Shafer

Striv for greatness

Sandy Creek takes technology to a new level

by Audrey Fischer

Live access to school events are now just a click away as Sandy Creek partners with Striv to broadcast and live stream events online as part of its Intro to Digital Media and Graphic Arts classes. Striv, a company out of Henderson, NE, works with schools across South Central Nebraska to make events available to everyone, no matter where they are. CEO Taylor Seibert, a graduate of Heartland Public School, works to provide support and training to the area schools in the hopes of helping fledgling media classes become successful broadcasting programs.

"Striv leads students to project-based learning and Striv has been great to work with," says Mr. Levi Gorsuch, volleyball coach and teacher of the Intro to Digital Media class.

Striv is an interactive company, inviting two classes from Sandy Creek to visit the Striv building, the last year prior to finalize the partnership with them. They let the students use and experiment with their state-of-the-art equipment. Allowing students to record with their cameras and other broadcasting equipment, showing the class how things work by demonstrating current projects. The Striv team gave the Intro to Digital Media and Graphic Design students advice on how to promote our school using their software.

"I like that we can work independently and be creative. There's no boundaries on what we can create. It's also cool that our videos play online at games for everyone to enjoy,"



Photo Illustration by Austin Wilson

said Brianna Sorgen, senior Intro to Digital Media student.

Through Striv, the Intro to Digital Media and Graphic Design students are developing a love for technology while promoting school spirit.

"This course is leaving students with skills that they can use ,hands on, into the real world," said Mr. Jeremy Borer, director of Media and co-teacher of the Digital Media class.

These skills are just at the tip of the iceberg, leading students to many promising careers and opportunities.

"Adding Striv to our school has been beneficial in many ways. As a business partner of the Graphic Art Career Pathway program, Taylor Seibert the CEO of Striv has become a great mentor for our students. He took the time to meet them during a Skype call in class. Students also can email him for personal feedback on their projects. Overall, it's been a great partnership, because of his commitment to our program," said Mrs. Crystal Hassenstab, the Art and the Graphic Art Pathway teacher.

Where are they now?

by Hannah Friend

Last year Sandy Creek had four foreign exchange students, Paula Barragan from Spain, Nora Pulda from Austria, Carlos Corella from Mexico and Daniella Steinstø from Denmark. Having these students spend the year learning from the students of Sandy Creek while teaching about their cultures was an invaluable experience, but once they leave, it's not always easy to keep in touch. It's impossible not to ask: where are they now?

Pulda is back in Austria attending school. It was odd at first for her coming out here but she's glad she took the opportunity. "Going to a little town like Clay Center was honestly not what I wished

for because I love large cities and the beach, but in the end, I couldn't have asked for a better place," said Pulda.

While she is happy to be at home with her family and friends in Austria, going home isn't always easy for foreign exchange students. "I miss the people and every little moment. It's like you want to go back home, but are home. I have two places that I love, but I can't just be at one at the time, which isn't always easy," Pulda said.

Steinstø is back in Denmark and finding school stressful as she focuses on getting caught up after a year off. While she admits that it's nice to be back and to see the friends and acquaintances

she left behind, she remembers her time at Sandy Creek fondly.

"I was afraid I wasn't going to fit in and that the school would be difficult. But it turned out perfectly, and I made so many good friends," said Steinstø.

Corella is back in Mexico with his family, and like others was nervous as to how the program would work out for him.

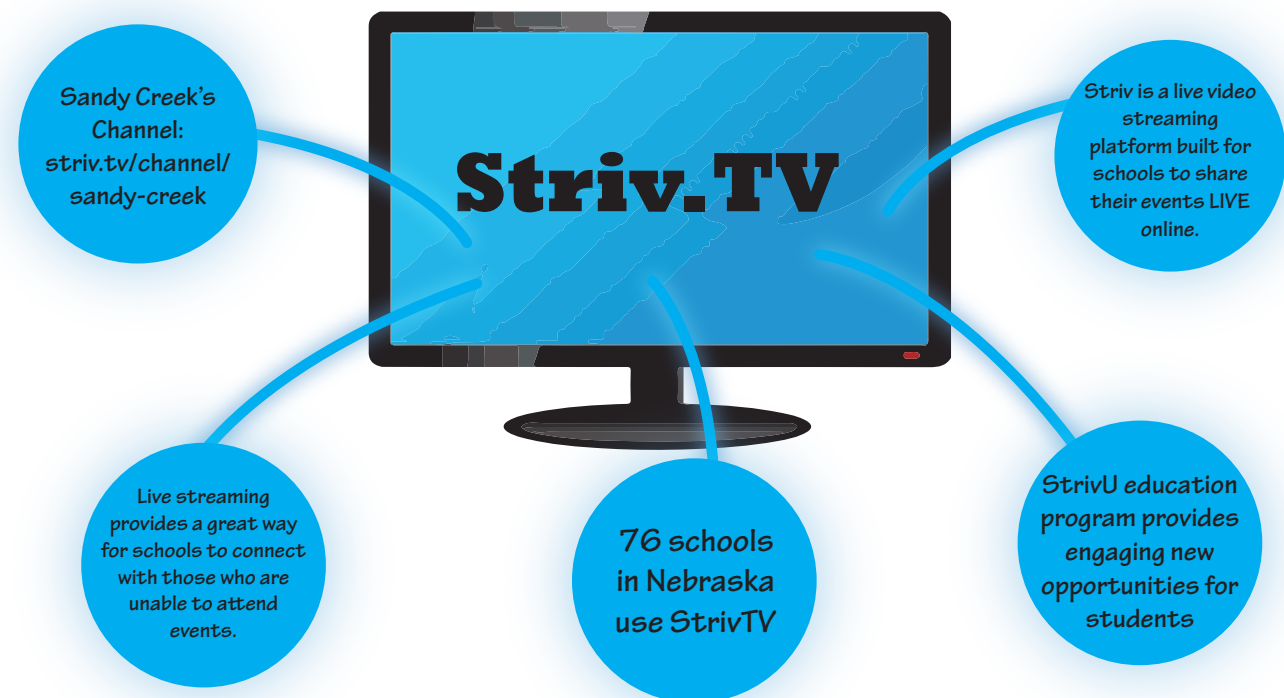
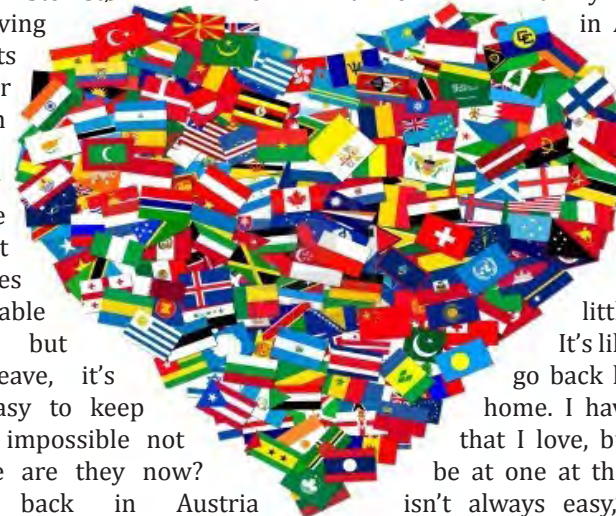
"It was a really fun experience, but at the beginning it was hard. In the beginning of the year, I wanted to go home. But by the end, I didn't want to leave."

He's glad to be back with his friends, making up for lost time but will continue to look back over the many great memories he made while at Sandy Creek.

Barragan loves being back in Madrid, as she had missed her friends and family.

"I miss Nebraska, but it's great being back where I belong," said Barragan.

In the end the Sandy Creek students are glad that Barragan, Corella, Steinstø and Pulda are all fairing well. We wish them the best of luck in their endeavors.



Informational Graphic by Kenzie Turman



Photo retrieved from aynokon.com

Photo Illustration by Stephen Friend

AT LEAST 37
SCHOOLS, AND
17 COLLEGES
HAVE
PROTESTED
DURING THE ANTHEM



3 VOLLEYBALL
PLAYERS HAVE
KNELT, ALL
ATTEND WEST
VIRGINIA
TECH UNIVERSITY



AT LEAST 45
NFL PLAYERS
FROM 13 NFL
TEAMS HAVE
KNELT, SAT, OR
RAISED A FIST



1 SWIMMER,
ANTHONY ERVIN,
RAISED A FIST AS THE
ANTHEM PLAYED
DURING A MEET IN BRAZIL



14 WNBA
PLAYERS
FROM 3
DIFFERENT
TEAMS PROTESTED
IN THE PLAYOFFS



1 SOCCER PLAYER,
MEGAN RAPINOE,
TOOK A KNEE
DURING THE ANTHEM
AT A NWSL GAME



Standing up for your beliefs

NFL players protest standing during the National Anthem
by Kyra Sorensen

As another season of football starts, fans are excited to see what their favorite teams and players will bring the seventeen week season.

Although some fans get just as excited about the pre-season, this year's pre-season games have garnered more attention than previous years, as select players are following the trend that Colin Kaepernick, San Francisco 49ers quarterback, has started, protesting during the National Anthem.

Kaepernick who initiated the protest has refused to stand for the National Anthem, despite pressure from fans and media outlets, stating that the flag of the U.S.A is a symbol of oppression.

"I am not going to stand up to show pride in a flag for a country that oppresses black people and people of color," Kaepernick stated in an interview with NFL.com.

Some fans of Kaepernick understand his decision even if they don't agree with it, knowing the problem that he is working to bring attention to, really does need to be addressed.

"I don't agree with what he is doing, but I definitely think that he is getting people to talk about the issue he sees is present," says senior Molly Dane.

Kaepernick is not the only athlete demonstrating their right to protest.

O, on the last week before regular season play began, safety, Eric Reid supported Kaepernick in his protest before the game started and took a knee during the anthem as well.

Kaepernick's teammates were not the only ones to perform in the protest, Jeremy Lane of the Seattle Seahawks sat during the National Anthem in Oakland.

In addition to the players that protested during pre-season, many other players from other teams have joined in the protest.

"I'm not against the military. I'm not against the police or American," said Marshall, according to the Denver Post. "I'm against social injustice."

Not all fans support Kaepernick's decision to protest the National Anthem. Some have even stopped watching the 49ers games, others are even "banning" the NFL all together.

"I think athletes should stand out of respect for the people who risk their lives by going over seas and protecting our country. By sitting during the anthem, I think it shows disrespect to those who fought and are fighting for our country," says junior Brittany Godtel.

Players are experiencing consequences as a result of practicing their right to protest. According to sbnation.com, CenturyLink and a Colorado credit union have terminated sponsorships with Marshall.

Players across the league have continued to support Kaepernick's protest, supporting the fair treatment of people of color as the season goes on.

PROTEST BY THE NUMBERS

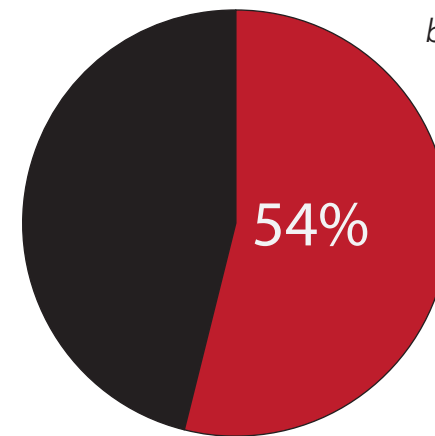
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INFORMATIONAL GRAPHIC BY: ALISHA SCHNAKENBERG

Turner taunts the justice system

The campus rape epidemic grows as punishment lessens

by Maci Maldonado



OF RAPES
ARE NOT
REPORTED

On January 18th, 2015, two Stanford students were walking down a street when they saw a young man assaulting an unconscious woman. They chased the young man down and called the police. That young man's name is Brock Turner. Turner, born August 1, 1995, to parents Dan and Carleen Turner, was a bright student and a gifted swimmer. After being convicted on three felony charges, including assault with intent to commit rape of an intoxicated or unconscious person, and sexual penetration of an unconscious person, he faced 10 years in prison, but instead got sentenced to six months and is now out after just three, much to the distress of people around the globe. Someone who commits such a terrible injustice to another person should be severely punished. Three short months is not nearly long enough for Turner to repent for his disgusting choices, nor is it enough to empower women and deter sex offenders from committing similar heinous crimes.

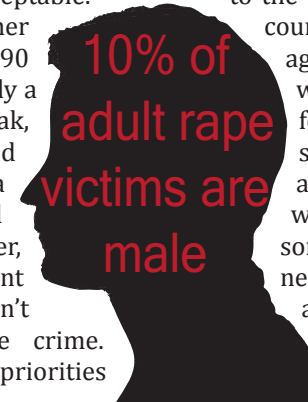
In the United States, violent crimes, such as rape, are not punished harshly enough. Society pushes such crimes and their victims under the rug,

because they are difficult to deal with, or worse, believes that the fault lies with the victim for being in the wrong place at the wrong time or trusting the wrong person. The first thing Turner's lawyer did in his defense was try to blame the victim, stating that the assault "was her fault because she got too drunk." It seems unjust to blame somebody who couldn't do anything besides drool and lay there.

In today's society, victims often don't come forward when they are assaulted because they are afraid to be blamed. According to a study performed on college campuses across the U.S., 62.5 percent of women blame themselves or are afraid to come forward about said matters. When somebody does decide to be brave and tell their story, they shouldn't be shamed by other people. There is no excuse for a person who is caught sexually assaulting somebody who is not even conscious, yet our culture makes it acceptable to blame the victim.

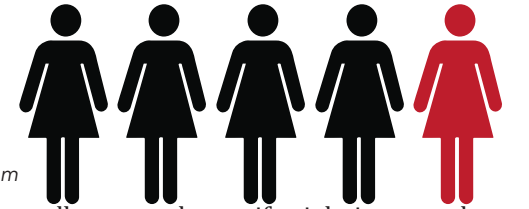
Turner's early release after just three short months disgusts me. He should be in jail for the maximum sentence of ten years because, not only is he a revolting human-being and a rapist, he ruined someone's life. The United States needs to start punishing unforgivable, violent crimes like Turner's harshly to show that it isn't acceptable.

Instead, Turner spent a short 90 days, essentially a summer break, in jail and will be a registered sex offender, a punishment that isn't adequate for the crime. Society has their priorities



1 in 5

woman are sexually assaulted while in college



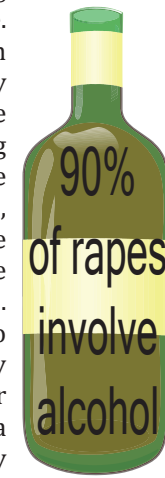
all screwed up if violating another person, results in a slap on the wrist. Turner's father, Dan Turner, sent a letter to the judge of the case stating that Brock's sentencing would be "a steep price for 20 minutes out of his 20 plus years being alive," further propagating the rape culture that is plaguing our nation. Turner should not get off easy;

he should pay a steep price for what he did. It doesn't matter that it was 20 minutes, it takes only a fraction of a second for someone's life to be forever altered. Despite what Turner's father insists is a relatively short time, I'm sure it was the most devastating 20 minutes of his victim's life.

It's troubling that women are blamed for being raped because they were attractive, drinking or "were asking for it" as Turner's lawyer argued. Turner stated that the two were having consensual sex, a claim the victim adamantly denies. When a girl is inebriated

and unable to walk or talk, there is no way that she could have consented to anything, knowingly. This is clearly a case of a privileged young man attending a prestigious college with a bright future ahead of him, who felt he was above the law. This is a case of rape; you can't accidentally have sex with somebody that is unconscious.

I hope this case will bring attention to the injustice that is prevalent in our country, making more people fight against the norm that allows young women to be defiled and degraded for no reason. People like Turner shouldn't be able to roam around and act like they didn't do anything wrong, like they didn't ruin somebody's life. A cultural change needs to happen in this country, and I hope that we can make a difference before another innocent woman is raped.



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