

USDA Mission Statement: The Food and Nutrition Service (FNS) and Center for Nutrition Policy and Promotion (CNPP) are agencies of USDA's Food, Nutrition, and Consumer Services.

FNS works to end hunger and obesity through the administration of 15 federal nutrition assistance programs including WIC, Supplemental Nutrition Assistance Program (SNAP), and school meals. In partnership with State and Tribal governments, our programs serve one in four Americans during the course of a year.

Working with our public, private and non-profit partners, our mission is to increase food security and reduce hunger by providing children and low-income people access to food, a healthful diet and nutrition education in a way that supports American agriculture and inspires public confidence. No American should have to go hungry.

We are committed to ensuring access to healthy and safe food for those participating in our programs including expecting mothers, infants and children in child care and school, low-income families going to food banks, local farmers markets, and local supermarkets.

These are investments that support education, health care, and a competitive workforce. We are committed to the sound stewardship of taxpayer dollars through aggressive efforts to reduce and prevent fraud and increase efficiency.

FNS is proud of our accomplishments, which include:

Increasing access to nutritious and safe food for eligible people; helping to reduce the number of households with children that experience low food security; partnering with schools to implement national standards designed to improve the quality of food served and sold in schools; promoting healthful diets and active lifestyles among those participating on our programs; reducing improper payments in the largest nutrition assistance program, SNAP; our challenge and commitment now, and in the future, is to ensure our programs continue to respond to the needs of the low-income families and respond to the changing economic conditions while ensuring we remain vigilant stewards of taxpayer dollars.

MEAL COST

Breakfast.....\$1.25
Lunch.....\$2.50
Extra Milk.....\$0.35

FRUIT & VEGGIE BAR
Included in Meal Price
Available for all K-12 Students

PRESCHOOL MEALS

Meals are as listed.
NO alternatives, unless
medically necessary.

October 2016 - District Menu

K - 12 GRADE MEALS DAILY BREAKFAST
1-Hot or Cold Entrée Fresh Fruit Choice of Drink Juice
1% White Milk *Skim Flavored Milk (Chocolate or Strawberry)
BREAKFAST CART with Cereal & Pop Tarts
DAILY LUNCH
1-Hot or Cold Entrée Choice of 2 Vegetables
Choice of 2 Fruits Choice of Drink 1% White Milk *Skim Flavored Milk
(Chocolate or Strawberry)

Starting Aug. 18th a salad will be available for a 2nd entrée. (MS/HS ONLY)

1. Chef Salad
2. Oriental Salad
3. Fajita Salad
4. Chicken Berry Salad

They will rotate these 4 salad choices.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
2	3 <i>Mini Donuts</i> Crispitos, Chips & Cheese, Corn, Pineapple	4 <i>Pancakes</i> Hot Dogs, Baked Beans, Peaches	5 <i>Sausage Biscuit Sandwich</i> Breakfast Pizza, Tri Potato, Fresh Fruit	6 <i>Mini Muffins</i> Chicken & Noodles, Mashed Potatoes, Pears	7 <i>Long Johns</i> Cook's Choice	8
9	10 <i>Waffles</i> Chicken Nuggets, Peas, Pineapple	11 <i>Breakfast Pizza</i> Super Nachos, Chips & Cheese, Corn, Applesauce	12 <i>Mini Loaf & Yogurt</i> Pulled Pork Sandwich, Baked Beans, Mixed Fruit	13 <i>Sausage Pancake Wrap</i> Pasta w/ Meat Sauce, Green Beans, Pears	14 <i>Long Johns</i> Stuffed Crust Pizza, Broccoli, Fresh Fruit	15
16	17 <i>Cook's Choice</i> Chicken Fajitas, Corn, Pineapple	18 <i>Biscuits & Gravy</i> Cook's Choice	19 <i>Breakfast Bread</i> Open Face Sandwich, Mashed Potatoes, Peaches	20 <i>Muffin & Cheese Stick</i> Deli Sandwich, Bananas, Carrots	21 <i>Long Johns</i> Hamburgers (western), Seasoned Potatoes, Applesauce	22
23	24 <i>NO SCHOOL</i> K-12 Staff Development Day	25 <i>Mini Donuts</i> Chicken Wrap, Mixed Veggies, Pineapple	26 <i>Pancakes</i> Cook's Choice	27 <i>Sausage Biscuit Sandwich</i> Corn Dogs, Mac N' Cheese, Green Beans, Mixed Fruit	28 <i>Long Johns</i> Breaded Chicken Sandwich, Baked Beans, AppleSauce	29
30	31 <i>Mini Muffins</i> Spooktacular Feast Flying Saucers					1